

PERSONAL CARDIAC RISK FACTORS

Check all that apply to you

<input type="checkbox"/> History of tobacco use
<input type="checkbox"/> Family history of heart disease (<i>immediate family, mother, father, brother, sister</i>)
<input type="checkbox"/> History of high cholesterol
<input type="checkbox"/> History of high blood pressure
<input type="checkbox"/> History of diabetes
<input type="checkbox"/> Prior history of heart disease
<input type="checkbox"/> History of obesity
<input type="checkbox"/> Sedentary/inactive lifestyle
<input type="checkbox"/> Age (<i>Male over age 45 – Female over age 55</i>)
<input type="checkbox"/> Menopausal female

PAST MEDICAL HISTORY

Check all that apply to you

<input type="checkbox"/> Previously healthy with no significant past history	<input type="checkbox"/> Degenerative Joint Disease	<input type="checkbox"/> Kidney Stone
<input type="checkbox"/> Adrenal Insufficiency	<input type="checkbox"/> Dementia	<input type="checkbox"/> Leukemia
<input type="checkbox"/> Amyloid	<input type="checkbox"/> Depression	<input type="checkbox"/> Lupus
<input type="checkbox"/> Anemia	<input type="checkbox"/> Diabetes:	<input type="checkbox"/> Lymphoma
<input type="checkbox"/> Anxiety	Type: <input type="checkbox"/> I <input type="checkbox"/> II	<input type="checkbox"/> Macular Degeneration
<input type="checkbox"/> Asthma	<input type="checkbox"/> Diabetic Neuropathy	<input type="checkbox"/> Migraine Headaches
<input type="checkbox"/> Alzheimer’s Disease	<input type="checkbox"/> Diverticulitis	<input type="checkbox"/> Obesity
Arthritis: <input type="checkbox"/> Generalized	<input type="checkbox"/> DVT	<input type="checkbox"/> Osteoporosis
<input type="checkbox"/> Gouty	<input type="checkbox"/> Emphysema	<input type="checkbox"/> Pancreatitis
<input type="checkbox"/> Osteo	<input type="checkbox"/> Endometriosis	<input type="checkbox"/> Panic Attacks
<input type="checkbox"/> Rheumatoid	<input type="checkbox"/> Erectile dysfunction	<input type="checkbox"/> Parkinson’s Disease
<input type="checkbox"/> Bipolar Disease	<input type="checkbox"/> Esophagitis	<input type="checkbox"/> Peripheral Neuropathy
<input type="checkbox"/> Blind	<input type="checkbox"/> Fibromyalgia	<input type="checkbox"/> Polycystic Kidney Disease
<input type="checkbox"/> BPH	<input type="checkbox"/> Gastric Ulcer	<input type="checkbox"/> Prostate
<input type="checkbox"/> Barrett’s Esophagus	<input type="checkbox"/> Glaucoma	<input type="checkbox"/> Pulmonary Embolus
<input type="checkbox"/> Bell’s Palsy	<input type="checkbox"/> GI Bleed	<input type="checkbox"/> Pulmonary Fibrosis
<input type="checkbox"/> Bronchitis-Chronic	<input type="checkbox"/> Gallbladder Disease	<input type="checkbox"/> Renal Insufficiency
<input type="checkbox"/> Cataract	<input type="checkbox"/> GERD	<input type="checkbox"/> Renal Failure
<input type="checkbox"/> Cellulitis	<input type="checkbox"/> Gout	<input type="checkbox"/> Sarcoid
<input type="checkbox"/> Cirrhosis	<input type="checkbox"/> Hemorrhoids	<input type="checkbox"/> Scoliosis
<input type="checkbox"/> Colitis	<input type="checkbox"/> Hernia	<input type="checkbox"/> Seizures
<input type="checkbox"/> Crohn’s	<input type="checkbox"/> HIV	<input type="checkbox"/> Sleep Apnea
<input type="checkbox"/> COPD	<input type="checkbox"/> Hodgkin’s Disease	<input type="checkbox"/> Syncope (Passing Out)
<input type="checkbox"/> CVA/Stroke	<input type="checkbox"/> Hyperlipidemia (High Cholesterol)	<input type="checkbox"/> Syncope - Near
<input type="checkbox"/> Cancer, if yes, what kind: _____?	<input type="checkbox"/> Hypertension	<input type="checkbox"/> TIA
<input type="checkbox"/> Cellulitis	<input type="checkbox"/> Hypothyroid	<input type="checkbox"/> Ulcer Disease
<input type="checkbox"/> Cirrhosis	<input type="checkbox"/> Irritable Bowel Syndrome	<input type="checkbox"/> Varicose Veins
		<input type="checkbox"/> Vertigo
		<input type="checkbox"/> Other: _____

PAST CARDIAC HISTORY

Check all that apply to you

- No previous history of cardiac disease
- AAA
- Angina (Chest Pain)
- ASD (Atrial Septal Defect)
- Aortic Aneurysm
- Aortic Valve: Stenosis
 Regurgitation
- Arrhythmia: PAC's PVC's
 SVT
 A-Fib (Atrial Fibrillation)
 A-Flutter (Atrial Flutter)
- Bradycardia
- CAD (Coronary Artery Disease)
- Cardiomyopathy
- Carotid Artery Stenosis
- CHF (Congestive Heart Failure)
- Endocarditis
- Murmur
- Mitral Valve:
 Prolapse Stenosis Regurgitation
- Palpitations

- PFO (Patent Foramen Ovale)
- Pericarditis
- Pulmonary Edema
- Pulmonary Valve Stenosis
- Pulmonary Hypertension
- PVD (Peripheral Vascular Disease)
- Rheumatic Heart Disease
- Sick Sinus Syndrome
- MI (Myocardial Infarction)
- Myocarditis
- S/P Cardiac Stent: _____
- Tricuspid Valve: Stenosis
 Regurgitation
- Ventricular Tachycardia
- WPW
- Other: _____

INFECTIOUS HISTORY

Check all that apply to you (Please provide month/year if available)

- No history of infectious diseases
- Childhood illnesses of mumps, measles and chickenpox
- Chickenpox: _____
- Clostridium Difficile: _____
- COVID-19: _____
- Diphtheria: _____
- Gonorrhea: _____
- Histoplasmosis: _____
- HIV: _____
- Hepatitis : _____
 A B C
- Herpes: _____
- Shingles: _____
- Malaria: _____
- Meningitis: _____
- Measles: _____
- Mumps: _____

- Rheumatic Fever: _____
- Pneumonia: _____
- Scarlet Fever: _____
- Syphilis: _____
- Tuberculosis: _____
- Typhoid Fever: _____
- Polio: _____
- Guillain-Barre: _____
- Sternal Wound
- Tick borne disease: _____
- Vaccinations: _____

Trauma History

Check all that apply to you (Please provide year if available)

- No history of trauma
- Burns (Major) : _____
- Skull Fracture: _____
- Concussion: _____
- Fracture: _____
Location: _____

- Traumatic Amputation: _____
- Gunshot Wound: _____
- Stab Wound: _____
- Wounded in the War: _____
War: _____

SURGERIES

Check all that apply to you (Please provide year if available)

- No prior surgical procedures
- AAA-Repair : _____
- AKA (Above the knee amputation) R / L: _____
- Ankle Surgery: _____
- AVR (Aortic Valve Replacement) : _____
- Appendectomy: _____
- ASD Repair: _____
- Back Surgery: _____
- BKA (Below the knee amputation) : _____
- Bladder Surgery: _____
- Breast Surgery: _____
- CABG (Coronary Artery Bypass): _____
- Redo-CABG: _____
- Carotid Endarterectomy: _____
- Cataract Extraction: _____
- Carpal Tunnel Release: _____
- Cesarean Section: _____
- Colonoscopy: _____
- Gallbladder (Cholecystectomy): _____
- Colectomy: _____
- D &C: _____
- Endometrial Ablation: _____
- Elbow Surgery: _____
- Exploratory Lap: _____
- Eye Surgery: _____
- Fem-Pop Bypass: _____
- Foot Surgery: _____
- Gastric Surgery: _____
- Hand Surgery: _____
- Heart Transplant: _____
- Hemorrhoidectomy: _____

- Hysterectomy: _____
- Hernia Repair: _____
- Hip Surgery: _____
- Knee Surgery: _____
- Lung Surgery: _____
- MVR (Mitral Valve Replacement): _____
- Nasal Surgery: _____
- Neck Surgery: _____
- Nephrectomy: _____
- Parathyroidectomy: _____
- Pericardiocentesis: _____
- PFT's (Pulmonary Function Testing): _____
- Prostate Surgery: _____
- Pseudo Aneurism Injection: _____
- Shoulder Surgery: _____
- Sleep Study: _____
- Thyroidectomy: _____
- Tonsillectomy: _____
- Tonsillectomy/Adenoids: _____
- Tubal Ligation: _____
- TURP: _____
- VQ Scan: _____
- Vasectomy: _____
- Vein Stripping: _____
- Other: _____

CARDIAC PROCEDURES

Check all that apply to you (Please provide month /year if available)

- Cardiac Catheterization: _____
- Cardioversion: _____
- EP Study: _____
- Internal Cardiac Defibrillator: _____
- ICD Generator Replacement: _____
- LVAD (Left Ventricular Assist Device): _____
- Loop Recorder: _____
- Ablation: _____
- Myocardial Biopsy: _____
- Pacemaker: _____
- Pacemaker Generator Replacement: _____

- PFO Closure: _____
- PTCA (Coronary Angioplasty/Stent): _____
- TAVR: _____
- Mitral Clip: _____
- Watchman: _____
- Other: _____

CARDIAC TESTING

Check all that apply to you (Please provide month /year if available)

- Echocardiogram: _____
- TEE: _____
- Treadmill Only: _____
- CAEP (chronotropic Assessment): _____
- Stress Echocardiogram: _____
- Nuclear Stress Test: _____
- PET Scan: _____
- MUGA Scan: _____
- Ambulatory Blood pressure monitor: _____

- Holter monitor: _____
- Event monitor: _____
- Calcium Scoring: _____
- Other: _____

PERIPHERAL VASCULAR PROCEDURES/TESTING

- AAA: _____
- ABI: _____
- Abdominal Aortogram: _____
- Abdominal Angioplasty: _____
- Arterial Doppler: _____
- Carotid Angiogram: _____
- Carotid Doppler: _____
- Carotid Stent: _____
- CTA: _____
 Type: _____
- CT: _____
 Type: _____
- Peripheral Angiogram: _____

- Pseudoaneurysm Duplex: _____
- Renal Doppler: _____
- Renal Angiogram: _____
- Renal Stent: _____
- Venogram: _____
- Venous Doppler: _____
- Other: _____

SOCIAL HISTORY & LIFESTYLE

Alcohol use

Do you consume alcohol? YES NO History of Alcohol Abuse
If Yes: Occasionally Socially Regularly Heavy
 1-2 per day 3-4 per day More than 5 per day
 Beer Wine Mixed Drinks

Smoking/Tobacco use

Do you currently smoke *cigarettes/smokeless cigarettes* or use *other tobacco* (Circle Type)? YES NO

Have you smoked in the past? YES NO How many years did you smoke _____ Packs per day? _____

When did you quit? _____

Diet

Are you on any special diet (diabetic diet, etc.)? YES NO

If yes, what type? _____

Do you drink caffeinated beverages? YES NO If yes, how many per day? _____
(Coffee, tea, soda, etc.)

Exercise

No Regular Exercise Some exercise Exercises daily

Exercises on regular basis *(30 minutes per day, at least 3 times per week)*

Type: Aerobics Running/Jogging Walking Weight Lifting

Other: _____

Substance abuse

Do you have any history of drug use? YES NO

If yes, please specify _____

Any IV Drug use? YES NO

Lifestyle

Single Married Widowed Divorced Separated Partnered

Occupation

Please list: _____
 Retired Unemployed Student

Residence

Lives alone Lives with others' Lives in a healthcare facility

FAMILY MEDICAL HISTORY

Unknown Adopted

Father

Alive
Deceased (at what age?) _____
Cause of death? _____

Other _____

Heart attack (at what age _____?)
Stroke Diabetes
Sudden cardiac death
Coronary artery disease Congestive heart failure
Congenital heart disease High blood pressure
Cancer (please list what kind _____)

Mother

Alive
Deceased (at what age?) _____
Cause of death? _____

Other _____

Heart attack (at what age _____?)
Stroke Diabetes
Sudden cardiac death
Coronary artery disease Congestive heart failure
Congenital heart disease High blood pressure
Cancer (please list what kind _____)

Sibling(s)

Brother Sister
Alive
Deceased (at what age?) _____
Cause of death? _____

Other _____

Heart attack (at what age _____?)
Stroke Diabetes
Sudden cardiac death
Coronary artery disease Congestive heart failure
Congenital heart disease High blood pressure
Cancer (please list what kind _____)

Brother Sister
Alive
Deceased (at what age?) _____
Cause of death? _____

Other _____

Heart attack (at what age _____?)
Stroke Diabetes
Sudden cardiac death
Coronary artery disease Congestive heart failure
Congenital heart disease High blood pressure
Cancer (please list what kind _____)

Children: _____
Alive
Deceased (at what age?) _____
Cause of death? _____

Other _____

Heart attack (at what age _____?)
Stroke Diabetes
Sudden cardiac death
Coronary artery disease Congestive heart failure
Congenital heart disease High blood pressure
Cancer (please list what kind _____)

REVIEW OF SYMPTOMS

General

- No Symptoms
- Fatigue
- Unplanned recent weight loss gain
How Much? _____ lbs.
- Recurrent chills and fever
- Other: _____

Integumentary

- No Symptoms
- Rash Hives Itching
- Changes in: Nails Hair
- Changes in moles Hair Loss
- Other: _____

Eyes

- No Symptoms
- Wears glasses/contacts
- Decreased acuity Blind
- Blurred vision Double vision (diplopia)
- Color Blind
- Other: _____

Ears, Nose & Throat

- No Symptoms
- Hearing loss: Partial Complete
- Braces Dentures
- Hoarseness Difficulty speaking
- Nose bleeds (epistaxis)
- Other: _____

Respiratory

- No Symptoms
- Cough: Dry Productive
- Shortness of breath (Dyspnea):
- At Rest With Exertion
- Daytime somnolence Snoring
- Coughing up blood (Hemoptysis)
- Wheezing
- Other: _____

Cardiovascular

- No Symptoms
- Chest pain Palpitations
- Swelling (edema): _____
- Short of breath: At rest With exertion
- Short of breath lying flat (orthopnea)
- Passing out (syncope)
- Leg fatigue/pain when walking
- Other Cardiovascular : _____

Gastrointestinal

- No Symptoms
- Nausea Abdominal discomfort
- Blood in stool:
- Bright Dark
- Diarrhea GERD
- Other: _____

Musculoskeletal

- No Symptoms
- Chronic back pain Joint pain
- Muscle weakness Swelling (edema)
- Other: _____

Neurological

- No Symptoms
- TIA Symptoms
- Confusion Dizziness
- Memory deficit
- Headaches Migraines
- Vertigo
- Other: _____

Psychiatric

- No Symptoms
- Anxiety Stress Depression
- Change in:
- Behavior Mood Personality
- Sleep disturbance
- Other: _____

Endocrine

- No Symptoms
- Increased fatigue
- Excessive thirst (polydipsia)
- Excessive urination (polyuria)
- Intolerance to cold
- Other: _____

Hematological/Immunological

- No Symptoms
- Bleeding disorder Anemia
- Easy Bleeding Easy Bruising
- Medication Allergies Seasonal Allergies
- Swollen Lymph Nodes Vitamin Deficiency
- Other: _____